



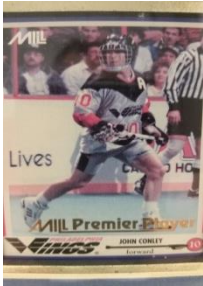
## THE 210 COMPLETE MIDFIELDER AND ATTACK BOYS LAX DAY CAMP

Why travel too far or pay too much for an overnight camp? Attend a day camp close to home at a price that will beat the competition. The 210 Day Camp will teach you the skills and give you the mindset so you can evolve your game in order to step up and play at the next level. Join us at Crown Sports Center, one of the largest indoor facilities on the east coast with 10 spacious acres of outdoor fields located in Fruitland, Maryland. Players of all skill levels accepted. Spaces will fill up quickly!

### Camp Directors

#### John Conley

(40+ years playing and coaching)



**Philadelphia Wings Pro Lacrosse 86' -94'**

3 World Championship Teams 89', 90', 94

MILL 1<sup>st</sup> Team All-Pro 91'

**USA World Team Alternate 90', 94'**

**Towson State University Midfielder 82' -85'**

All-American 84', 85'

*Masters Curriculum and Instruction – Loyola*

#### John Monar

(30+ years playing and coaching)



**Salisbury State University Midfielder**

Division III National Championship Team 95'

USILA Div III All-American 95'

**B.S. Business Administration**

**Parkside HS Offensive Coordinator 00'-Present**

Maryland State Champions 05'

### Individual Concepts Covered

- Dodging
- Shooting on the run
- Shooting from the perimeter
- Feeding
- Defense
- Ground balls
- Riding and clearing
- Face-offs

### Team Concepts Covered

- Off ball play/Offensive spacing
- Off ball defense
- Offensive picks
- Defending picks
- Riding and clearing
- Face-offs and wing play
- Man-up Offense
- Man-down Defense

**When: June 26th - 28th**

**Time: 8:30 am-12:30 pm**

**Ages: Boys 8-18**

#### Price:

**Early-Before June 19th - \$150**

**Late-After June 19th - \$175**

For more information contact Chris Roberts at 410-742-6000 or  
croberts@crownsportscenter.com