

# **Crown Active Learning Center**

#### **Program Grades**

Crown Active Learning Center is currently only for students between 1st through 5th grade.

#### What is CALC?

Crown Active Learning Center offers a comprehensive homeschooling environment, emphasizing not only academic excellence but also physical health and overall well-being. Our program prioritizes the development of leadership skills and self-confidence, ensuring that students thrive both intellectually and physically. Through a balanced approach to education and personal growth, we prepare students to excel in all facets of life.

#### Mission:

Our mission is to provide a nurturing and stimulating environment where personalized home-schooled education meets physical vitality, promoting the intellectual, emotional, and physical growth of every student, empowering them to thrive in all aspects of life.



At Crown Active Learning Center, we recognize the vital importance of balancing academics with physical activity. It is crucial for children not to sit at a desk all day, as physical literacy and exercise play a fundamental role in their overall development. Engaging in regular physical activity enhances not only their physical health but also their cognitive function, emotional well-being, and social skills. Our program emphasizes the importance of movement and fitness, ensuring that children develop a lifelong appreciation for physical activity. Additionally, we understand that every child learns at their own pace. By providing a flexible and personalized learning environment, we cater to the unique needs and abilities of each student, fostering an atmosphere where they can thrive both academically and physically.

- Integrated Physical Wellness Daily physical activities to promote overall health and wellness.
- Customized Learning Plan Tailored education for individual learning styles and interest.
- Leadership and Empowerment –
   Activities designed to build leadership skills, self-confidence, and personal responsibility
- Holistic Development Emphasizing a balance between academic subjects, physical education, and personal development.

Crown Active Learning Center is not a private school. We are a licensed childcare center and private tutoring service that exists to provide a complete home-school environment for homeschool families to complete their curriculum that the parents have selected. We place a large emphasis on physical health and fitness, and leadership development, ensuring a balanced and comprehensive approach to education.







Cody Revel
General Manager of Crown
Sports Center
Crevel@crownsportscenter.com



Mandy Schuyler
Director of Childcare at Crown
Sports Center
Mschuyler@crownsportscenter.com

# Crown Active Learning Center Introduction

Crown Sports Center is delighted to introduce to our community, Crown Active Learning Center. At Crown Active Learning Center, we are dedicated to nurturing growth in our students and providing a stimulating environment where personalized education meets physical vitality. Our aim is to promote the intellectual, emotional, and physical growth of every student, empowering them to thrive in all aspects of life.

Since its establishment in 2006, Crown Sports Center has been a cornerstone of our community, renowned as the central hub for youth sports. Our team at Crown is thrilled and optimistic about expanding our impact by offering the most comprehensive homeschool learning center in the area. Our mission is to enhance youth education, physical health, and long-term growth, further enriching our community.

# **Our Directors**

Heading our Crown Active Learning Center program is Mandy Schuyler. Mandy brings over 30 years of experience in childcare and over 10 years in education. Currently, as Crown Care's Director, she oversees the care and development of over 150 students. Mandy's extensive background includes serving as the Executive Director of The Salvation Army for nearly 20 years, where she honed her leadership skills and deepened her commitment to community service and child development. Mandy has an unwavering passion for child growth and education. Her expertise is vital to our students growth and success.

Cody Revel, the General Manager of Crown Sports Center, complements our team with over 10 years of experience in Physical Education and Child Physical Development. Cody holds his master's degree in applied Exercise Science with dual concentrations in nutrition and long-term child development. His passion is in improving the quality of life in our community and that starts with educating and improving the general health and wellness of our youth. His expertise ensures that our program not only fosters academic growth but also promotes physical fitness and healthy



**Mission:** Our mission is to provide a nurturing and stimulating environment where personalized homeschooled education meets physical vitality, promoting the intellectual, emotional, and physical growth of every student, empowering them to thrive in all aspects of life.

**Vision:** To be the leading home-school proctoring program that sets the standard for personalized education and physical development, inspiring a generation of well-rounded, confident, and capable individuals who excel academically, thrive physically, and contribute positively to society.

#### **Educational Philosophy**

#### **Physical Activity**

At Crown Care - Home School, our educational philosophies are rooted in a holistic approach that nurtures every aspect of a child's development. We believe that physical activity is integral to learning, as it promotes health, enhances cognitive abilities, and fosters emotional well-being. Our balanced structure ensures that students receive a comprehensive education that values both academic achievement and physical fitness.

#### **Relationships & Support**

We prioritize the cultivation of positive relationships within our community, understanding that supportive and nurturing interactions between students, teachers, and staff create a conducive environment for learning and growth. Our commitment to self-paced, personalized instruction allows each child to learn at their own speed, ensuring that their unique needs and abilities are met. This individualized approach helps students build confidence, master skills at their own pace, and develop a love for learning.

#### **Flexibility**

Our flexible learning structure accommodates the diverse needs of homeschool families, providing the adaptability necessary to support various learning styles and schedules. By integrating these philosophies into our program, we strive to create an enriching educational experience that prepares students for a lifetime of success and well-being.

#### Letter to Prospective Parents from Crown Sports General Manager

Dear Parents,

I am delighted to introduce you to our Crown Active Learning Center program.

At Crown Active Learning Center we believe that a well-rounded education extends far beyond traditional academics. Our program is designed to nurture the mind, body, and spirit of every student. Research has consistently shown that physical activity is not only vital for maintaining a healthy lifestyle but also plays a significant role in enhancing cognitive function, improving concentration, and boosting overall academic performance.

During my brief tenure in the school system, I observed firsthand the need for a stronger emphasis on physical health to enhance overall education and mental health. It became clear to me that incorporating physical activity and wellness into the daily routine of students was not just beneficial but essential. This experience motivated me to advocate for a more balanced approach to education—one that truly integrates physical health as a cornerstone of student success.

Our curriculum integrates physical education and wellness into daily routines, ensuring that children engage in activities that promote cardiovascular health, strength, flexibility, and coordination. These activities are not just about exercise; they are carefully crafted to teach teamwork, perseverance, and self-discipline—skills that are essential for success both in and out of the classroom.

We offer a variety of fitness programs, from semi-structured sports and games to creative movement and exercise, all tailored to the diverse interests and abilities of our students. By making physical activity a core component of our educational philosophy, we help children develop a lifelong appreciation for staying active and healthy.

Moreover, our holistic approach includes promoting emotional well-being through positive relationships and a supportive learning environment. We believe that when students feel safe, valued, and confident, they are more likely to thrive academically and personally.

To conclude, Crown Active Learning Center is committed to providing a comprehensive education that prioritizes the overall health and wellness of all children. We are excited to partner with you in nurturing the full potential of your child, ensuring they grow into well-rounded, confident, and capable individuals.

Thank you for considering our program for your family. We look forward to the opportunity to support your child's educational journey.



Warm regards,

Cody Revel

Cody Revel

General Manager

Crown Active Learning Center & Crown Sports Center

#### **Schedule**

Monday – Friday 8:30am – 3:00pm (FULL DAY)

Monday – Friday: 8:30am – 12:30pm (HALF DAY)

\*\*Before Care Available as an Add-On Program: 6:30am-8:30am

\*\*After Care Available as an Add-On Program: 3:00pm - 5:30pm

#### **Daily Schedule**

6:30 – 8:30am: Before Care *ADD-ON ONLY* 

8:30 - 8:50am: Students arrive and engage in the morning physical activity of the day.

8:50-9:00am: Students set up their learning stations, have a snack, and enjoy social time.

9:00 – 9:40am: Learning Block #1: Students spend 40 minutes completing their required schoolwork.

9:40 – 10:00am: Students take a 20-minute open play/snack break.

10:00am – 10:40am: Learning Block #2: Students spend 40 minutes completing their required schoolwork.

10:40 – 11:00am: Students take a 20-minute open play/snack break.

11:00 – 11:40am: Learning Block #3: Students spend 40 minutes completing their required schoolwork.

11:40 – 12:30pm: Lunch, daily wrap up, space cleanup, and open play until parent pick up.

12:30 – 1:00pm: Arts & Craft's Session

1:00 – 2:15pm: Physical Education Session

2:15 – 2:30pm: Space cleanup, snack & Pickup for non-After Care Students.

2:30 – 5:30pm: After Care Program – ADD-ON ONLY

# **Calendar of Events**

2024 Calendar	2025 Calendar
August 27-28th: Open House. Facility Tour + Staff Meetings	January 1-3: Closed for Winter Break
September 2nd: Closed for Labor Day	January 6 <sup>th</sup> : Program Resumes
September 3rd: First day of the Program	January 20th: Closed for MLK Day
November 27-29: Closed for Thanksgiving Break	February 17th: Closed for Presidents Day
December 23-31: Closed for Winter Break	April 17-21: Closed for Easter/Spring Break
	May 26th: Closed for Memorial Day
	June 6th: Last day of the Program

# **Curriculum & Supplies**

At Crown Active Learning Center, parents have the autonomy to choose their child's homeschool curriculum. However, we reserve the right to ask parents to arrange for an academic tutor if the selected curriculum requires significant facilitator involvement. We suggest considering Time4Learning.com as a valuable resource.

For e-learning curricula, families are required to provide their students with a laptop or tablet, a mouse, and headphones. Crown Active Learning Center will furnish internet access, notebooks, writing utensils, and general art supplies.

### **Tuition Costs**

Half Day Weekly Rate	\$115	8:30am – 12:30pm
Full Day Weekly Rate	\$180	8:30am – 2:30pm

### **Program Add-ons**

Before Care	\$90	6:30am – 8:30am
After Care	\$95	2:30pm – 5:30pm

#### **Potential Discounts**

Full year Half Day Paid in Full before	\$3,990 (\$399 /month)
September 1 <sup>st</sup> , 2024	
Full year Full Day Paid in Full before	\$6,190 (\$619 /month)
September 1 <sup>st</sup> , 2024	
Sibling Discounts	10% off full-price tuition for the 2 <sup>nd</sup> child and
	15% off for each child after two.

# **Not Included in Tuition:**

Laptops, tablets, lunch, or other devices are not included in the tuition.

# **Lunch Options**

Crown Active Learning Center will provide a monthly menu to families for purchase food from our indoor café.

Half day students will receive 1-snack and full-day students will receive 2-snacks.

#### **Physical Education Session Overview:**

Our physical education class is designed to promote physical fitness, develop motor skills, and foster a love for active living. The class will encompass a variety of activities tailored to the age and development levels of the students.

**Warm-Up:** Each session will begin with a fun and engaging warm-up routine to prepare the children for physical activity. This will include various proprioceptive and stabilization activities, along with dynamic stretching exercises to enhance flexibility and prevent injuries.

**Skill Development:** The core of the class will focus on fundamental movement skills such as running, jumping, throwing, and catching. These activities are designed to build coordination, balance, and agility. We will incorporate games and drills that teach teamwork, cooperation, and fair play.

**Fitness Activities:** Students will participate in activities that promote cardiovascular fitness, strength, and endurance. This will include obstacle courses, relay races, and circuit training that are both challenging and enjoyable.

**Sports Introduction:** We will introduce basic skills and rules for a variety of sports, such as soccer, basketball, and tennis. Through modified games and activities, students will learn the importance of sportsmanship and teamwork while developing their athletic abilities.

**Cool Down and Reflection:** Each class will conclude with a cool-down period, involving light stretching and breathing exercises to help students relax. We will also have a brief reflection time where children can share their experiences and discuss what they learned during the session.

Our goal is to create a positive and inclusive environment where every child feels encouraged and excited to participate. By integrating fun and educational activities, we aim to instill a lifelong appreciation for physical fitness and healthy living in our students.

# **Arts & Crafts Session Overview**

Our arts and crafts class is designed to spark creativity and develop fine motor skills. Each session will involve a variety of engaging projects using different materials and techniques catered towards each age group.

**Project Variety:** Students will explore drawing, painting, sculpting, and other unique pieces to take home.

**Skill Building:** The class will focus on enhancing skills such as cutting, gluing, coloring, and assembling, tailored to each child's ability.

**Creative Expression:** Children will be encouraged to express themselves through their artwork, promoting imagination and individuality.

**Fun and Learning:** Each project will be designed to be fun and educational, teaching concepts such as colors, shapes, and textures.

Our goal is to provide a fun, supportive environment where students can explore their artistic abilities and discover the joy of creating.